

Handout: Preparing Parents for Post-Permanency Adjustment

Do you have any concerns that the parents' expectations are unrealistic?

Have the parents engaged in reading or any workshops to help them learn appropriate parenting skills to meet this child's needs?

Are the parents willing to seek out postadoption services?

Are the parents aware that their response to behaviors may need to be modified to align with the child's needs?

On a scale of 1-10, how would you rate the parents' unconditional commitment to their child?

Ask them what they would need to increase that number. For instance, if they said "5," you might ask, "What would you need to move them from a 5 to a 6?"

National Adoption Competency Mental Health Training Initiative (NTI)

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