

## Symptoms That Are Commonly Seen In Children with Attachment Problems

### Psychological or Behavioral Problems

1. Conscience development
  - (a) May not show normal anxiety following aggressive or cruel behavior.
  - (b) May not show guilt on breaking laws or rules.
  - (c) May project blame on others.
2. Impulse control
  - (a) Exhibits poor control; depends upon others to provide.
  - (b) Exhibits lack of foresight.
  - (c) Has a poor attention span.
3. Self-esteem
  - (a) Is unable to get satisfaction from tasks well done.
  - (b) Sees self as undeserving.
  - (c) Sees self as incapable of change.
  - (d) Has difficulty having fun.
4. Impersonal interactions
  - (a) Lacks trust in others.
  - (b) Demands affection but lacks depth in relationships.
  - (c) Exhibits hostile dependency.
  - (d) Needs to be in control of all situations.
  - (e) Has impaired social maturity.
5. Emotions
  - (a) Has trouble recognizing own feelings.
  - (b) Has difficulty expressing feelings appropriately;  
Especially anger, sadness, and frustration.
  - (c) Has difficulty recognizing feelings in others.

### Cognitive Problems

- (a) Has trouble with basic cause and effect.
- (b) Experiences problems with logical thinking.
- (c) Appears to have confused thought processes.
- (d) Has difficulty thinking ahead.
- (e) May have an impaired sense of time.
- (f) Has difficulties with abstract thinking.

### Developmental Problems

- (a) May have difficulty with auditory processing.
- (b) May have difficulty expressing self well verbally.
- (c) May have gross motor problems.
- (d) May experience delays in fine motor adaptive skills.
- (e) May experience delays in personal-social development.
- (f) May have inconsistent levels of skills in all of the above areas.

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