Youth Advisory Boards

Engagement of Lived Experience · https://bridges4mentalhealth.org/hub/youth-family-engagement/youth-advisory-boards/

This resource from Casey Family Programs provides best practices for recruiting and working with youth advisory boards:

1. **Purpose and Preparation**: Agencies should be clear on why they want youth involvement and ensure readiness to share power authentically.
2. **Recruitment**: Broadly recruit youth to avoid tokenism and burnout, using clear job descriptions and youth-friendly application processes. Diversify efforts to include youth from various backgrounds and experiences.
3. **Working Together**: Share power with youth advisory boards by providing clear communication, adequate preparation, and accommodating different communication styles and meeting preferences.

These practices aim to foster meaningful youth engagement, professional development, and effective contributions to agency services.

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