Improving the Wellbeing of Youth in Foster Care

Engagement of Lived Experience · https://bridges4mentalhealth.org/hub/youth-family-engagement/improving-the-wellbeing-of-youth-in-foster-care/

Summary: The National Foster Care Youth and Alumni Policy Council conducted a survey that highlighted critical mental health issues among foster youth. The survey specifically mentioned concerns such as a high sense of social isolation, a disconnection from biological families, and an overwhelming lack of hopefulness about the future. The report emphasized the importance of providing young people with mental health support and resources as they transition out of care.

Application: This report provides important feedback from young people that should be used to educate policy makers and the larger child welfare community.

Source: FosterClub

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