A Tool for Youth Engagement and Youth Empowerment

Engagement of Lived Experience · https://bridges4mentalhealth.org/hub/youth-family-engagement/a-tool-for-youth-engagement-and-youth-empowerment/

Summary: Youth and young adult engagement and empowerment reside on a continuum of activities that range from actively engaging in one's own case and transition plans to youth leadership, decision-making, and policy development. Youth need opportunities to explore their identity, autonomy to make important decisions regarding their life, and support from caring adults. This toolkit provides resources, checklists, and strategies.

Application: This is an important resource for child welfare and mental heath professionals to ensure that they are effectively engaging youth throughout all aspects of the work.

Source: Division X Technical Assistance & Capacity Building Center for States

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