Adverse Childhood Experiences (ACEs) and Positive Childhood Experiences (PCEs) in American Indian and Alaska Native Communities

American Indian/Alaska Native Tribal Nations · https://bridges4mentalhealth.org/hub/tribal-communities/adverse-childhood-experiences-aces-and-positive-childhood-experiences-pces-in-american-indian-and-alaska-native-communities/

The document provides an overview of **Adverse Childhood Experiences (ACEs)**—such as abuse, neglect, and exposure to violence—and explains how these traumatic experiences can affect children's **lifelong health, development, and opportunities**. Understanding ACEs helps tribal child welfare professionals identify supports needed to promote healthier outcomes for children and families. In American Indian and Alaska Native communities, understanding ACEs must also include the impacts of **historical trauma** and systemic inequities. Strengthening **Positive Childhood Experiences (PCEs)**—including strong relationships, cultural identity, and community connection—can promote resilience and support healing for children and families.

Read More