Mental Health Resources for American Indian and Alaska Native Communities

Technical Assistance · https://bridges4mentalhealth.org/hub/technical-assistance/mental-health-resources-for-american-indian-and-alaska-native-communities/

Summary: The resources within this section are tailored to the unique behavioral health needs and experiences of Native American people and Tribal communities. Learn about promising practices and strategies to promote wellness and prevent and address behavioral health challenges.

Application: There are a variety of resource links to help children, youth, parents, and caregivers address mental health needs. Subjects addressed are the definition of mental health and why it matters, mental and behavioral health data, Tribal resilience and prevention, accessing mental health, and promising practices to improve Tribal children's mental health.

Source: Administration for Children and Families

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