# Peer support matters: Strategies to incorporate and elevate those with lived experience

Peer Support · https://bridges4mentalhealth.org/hub/peer-support/peer-support-matters-strategies-to-incorporate-and-elevate-those-with-lived-experience/

**Summary:** Presenters highlighted how to incorporate those with lived experience into your support programs, including prioritizing peer support and peer leadership. Presenters discuss the importance of readying your agency so that those with lived experience can thrive in your organization as their authentic selves.

**Application:** This is a great presentation that emphasizes the need for lived experience voices in various spaces including advisory groups, existing services, and specialized peer services. There is a list to confirm effective Lived Experience support.

**Source:** AdoptUSKids

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Embedded media: https://professionals.adoptuskids.org/peer-support-matters-strategies-to-incorporate-and-elevate-those-with-lived-experience/embed/#?secret=JafkYViu2l#?secret=uj21FOiwvL