Parent Peer Support Programs in In-Home Services

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The **Parent Peer Support Issue Brief** from the National Resource Center for In-Home Services (NRCIHS) offers a comprehensive overview of parent peer support programs, emphasizing their role in child welfare and in-home services.

Core Concepts

Parent peer support programs engage parents to provide formal or informal support to other parents with similar experiences. These programs aim to reduce social isolation, a factor linked to child maltreatment, by offering emotional, informational, and instrumental support. Theoretical foundations suggest that peer support enhances coping mechanisms and bolsters parenting confidence through mutual aid and constructive feedback.

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