**Talking with Children about Adoption/Guardianship or Aspects of their Past

Parenting Resources · https://bridges4mentalhealth.org/hub/parenting-resources/talking-with-children-about-adoption-guardianship-or-aspects-of-their-past/

From the NTI Curriculum: identified as one of the most valuable resources by Parent Partners

A practical handout for caregivers on discussing adoption, guardianship, and a child’s past with openness and honesty. It emphasizes starting conversations early, sharing information in developmentally appropriate ways, validating feelings, honoring birth families, and using tools such as Lifebooks, stories, and peer connections to support identity development

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