Parenting Strategies for Children with Attachment Issues

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Parenting Strategies for Children with Attachment Issues

This blog explains that children with attachment challenges often communicate fear and a lack of felt safety through behaviors such as withdrawal, control, or intense reactions, and that caregivers can best support them by focusing on safety, connection, predictability, and trust rather than simply correcting behavior. It highlights attachment-informed strategies such as PACE (Playfulness, Acceptance, Curiosity, and Empathy), child-led connection, collaborative problem-solving, and co-regulation to help children develop a secure base and learn that relationships can be safe and reliable.

Read the blog