Expanding Your Parenting Paradigm

Parenting Resources · https://bridges4mentalhealth.org/hub/parenting-resources/expanding-your-parenting-paradigm/

Summary: Parenting children who have experienced trauma, grief and loss requires a different type of parenting. Parents must learn to think about the child's behaviors, discipline, and love in a whole new light. This video describes why traditional parenting is not always effective for children who have experienced trauma, grief and loss, and what it means to expand your parenting paradigm.

Application: Parents will learn the importance of developing new parenting tools and strategies they can use to create an environment that is safe, nurturing and stable.

Source: National Training and Development Curriculum

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