NTI Training: A Family Perspective

NTI · https://bridges4mentalhealth.org/hub/nti/nti-training-a-family-perspective/

This tipsheet provides information about the National Adoption Competency Mental Health Training (NTI) and how it benefits families.

NTI prioritizes family-centered healing, emphasizing the importance of parental involvement in treatment. It acknowledges loss as a key aspect of separation, providing space for both youth and parental grief. NTI establishes a shared language for families dealing with trauma, separation, and foster care experiences while offering practical tools and therapeutic strategies for parents. It incorporates real-life experiences to validate and support families, shifting professional perspectives from blaming behaviors to understanding underlying needs. NTI highlights the significance of past, present, and future connections, encourages seeking help as a strength, and affirms the specialized skills needed to support children and families effectively.

NTI Training for Families