MHP: Treatment Goals for Remediating the Consequences of Trauma

NTI · https://bridges4mentalhealth.org/hub/nti/mhp-treatment-goals-for-remediating-the-consequences-of-trauma/

Module 5, Lesson 4

Complex Trauma: Facts for Caregivers

Disarming the Fear Response with Felt Safety

Parenting a Child Who Has Experienced Trauma

Strategies for Calming Children and Teaching Self Regulation

Supporting-Transitions

What is Complex Trauma for Youth