# Talking to Parents About Depression

Crisis Response and Suicide Prevention · https://bridges4mentalhealth.org/hub/crisis-response-and-suicide-prevention/talking-to-parents-about-depression/

Project Semicolon offers a variety of resources for teens, including access to peer support groups. This resource helps teens know how to seek support and talk with their parents about depression.

Read More

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Embedded media: https://projectsemicolon.com/teen-mental-health/talking-to-parents-about-depression/embed/#?secret=1TY0NAhR5y#?secret=RwAPW3uMNR