Addressing Mental Health Among Children, Staff and Families in Tribal Early Childhood – Tribal Early Childhood Development Webinar Series

Collaboration Between Systems and Coordination of Services · https://bridges4mentalhealth.org/hub/collaboration-between-systems-coordination-of-services/addressing-mental-health-among-children-staff-and-families-in-tribal-early-childhood-tribal-early-childhood-development-webinar-series/

Summary: Early relational health prioritizes the importance of positive, nurturing relationships in promoting infant and child development and overall family well-being.

This webinar approaches family systems and caregiving in a way that aligns with Native American frameworks of relational health.

These modules take users through six core lessons over multiple sessions which include:

- Starting the healing journey
- Relaxation
- Getting active
- Thinking in a different way
- Reducing substance use
- Safety
- Family spirit strengths (weaving Native American knowledge into evidence-based practices)

Application: Includes helpful examples of key strategies to promote mental health including establishing cross-agency leadership, ensuring Medicaid payments, investing in prevention through mental health consultation, training the workforce, and raising public awareness. Excellent for child

welfare, medical, and mental health professionals and policymakers.

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