Your Voice is Your Power Resource Hub

Children and Youth Resources · https://bridges4mentalhealth.org/hub/children-and-youth-resources/your-voice-is-your-power-resource-hub/

This webpage provides resources for youth and young adults who are looking to begin or continue to grow in their journey as a mental health leader. Active Minds strives to equip and encourage young advocates with the tools and knowledge to champion mental health in schools, families, and communities.

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