Young People and Families Share Insights to Mental Health Professionals

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/young-people-and-families-share-insights-to-mental-health-professionals/

Summary: This video for mental health professionals features young people and families who share their experiences accessing and receiving mental health care. They share insights and tips for mental health professionals about creating opportunities to provide supportive and affirming care that empowers both young people and their families to be actively involved in their treatment plan.

Application: Mental health professionals can and should learn from the youth and families they work with. This video can inform their clinical practice.

Source: Administration for Children and Families

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