When Children Harm in the Home: Aggression Toward Families/Caregivers in Childhood and Adolescence

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This resource explains that aggression toward parents and caregivers can occur in childhood and adolescence, particularly in adoptive, guardianship, and other post-permanency families, and highlights how trauma, neurodevelopmental differences, and chronic stress can contribute to these behaviors. It emphasizes the need for trauma-informed, coordinated supports that address the underlying causes of aggression while helping families maintain safety, stability, and strong relationships.

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