The Trauma Therapist podcast

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/the-trauma-therapist-podcast/

This podcast, hosted by Dr. Guy Macpherson, Ph.D, can act as a guiding light for trauma recovery. Macpherson brings on board a myriad of guests, including trauma survivors, therapists, and thought leaders, to illuminate the path of recovery.

The Trauma Therapist podcast doesn't tiptoe around difficult subjects, nor does it oversimplify the complex nature of trauma. Instead, it dives into the heart of pain and suffering, armed with knowledge, empathy, and a solid plan of action.

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