TAC Effectiveness Study: Participant Feedback

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/tac-effectiveness-study-participant-feedback/

This infographic summarizes key takeaways from the participant feedback in the TAC Study for Effectiveness

2025 TAC STUDY FOR EFFECTIVENESS

PARTICIPANT FEEDBACK

The **Training for Adoption Competency (TAC)** is a specialized curriculum designed to equip clinicians with knowledge, values, and skills to engage in more effective mental health practices with adoptive families. The Center for Adoption Support and Education (C.A.S.E.) conducted a study to evaluate the impact of adoption competency training on outpatient mental health services for adoptive families. Here are some of the highlights from that study.

TREATMENT EXPERIENCES

Families treated by TAC-trained clinicians sustained engagement in treatment over significantly more sessions, engaged in more family sessions and fewer child-only sessions, and experienced a broader array of services, including groups.



MORE ADOPTION RELEVANT INTERVENTIONS

Treatment by TAC-trained clinicians was perceived as **more relevant to adoption-specific challenges**, with **greater use of psychoeducation** and strategies to **strengthen adoptive parenting skills** and greater emphasis on normalization, trauma/attachment, loss/grief, child identity development, communicative openness, family cohesion, and parent self-care.



Adoptive parents expressed significantly higher satisfaction across all dimensions (i.e., services, clinician performance, outcomes, and general satisfaction) when treated by TAC-trained clinicians.



OVERALL SATISFACTION

Findings suggest that families treated by TAC-trained clinicians had **increased engagement** and **greater parental** involvement in treatment, reported **greater satisfaction**, formed **stronger therapeutic alliances**, **gained more psychoeducation and support for parenting skills** development, focused more on a variety of adoption-relevant issues, and **achieved better outcomes**.



POST TREATMENT OUTCOMES

Families treated by TAC-trained clinicians reported **significantly better post-treatment outcomes**, including **enhanced family well-being**, closer family bonds, **improved understanding** of the child's needs, **better parenting strategies**, and **positive changes** in the child's emotional, behavioral, and social functioning.

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