Supporting Families Experiencing Aggression Toward Families/Caregivers in Childhood and Adolescence

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/supporting-families-experiencing-aggression-toward-families-caregivers-in-childhood-and-adolescence/

Supporting Families Experiencing Aggression Toward Families/Caregivers in Childhood and Adolescence (AFCCA) provides guidance for supporting families experiencing child-to-caregiver aggression through compassionate, trauma-informed, and coordinated services. The resource emphasizes validating caregivers' experiences, routinely screening for AFCCA, and offering tailored supports such as trauma-informed therapy, caregiver coaching, safety planning, respite services, and adoption-competent mental health care. It also highlights the importance of supporting caregiver well-being as a key component of family stability and healing.

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