Strengthening Mental Health and Post-Adoption Supports Through Adoption Competence

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The article explains how **adoption competence strengthens mental health and post-adoption services** by equipping professionals to understand and respond to the unique experiences of adopted children, youth, and their families. It emphasizes building adoption competence across behavioral health and child-serving systems to improve access to effective supports, promote family stability, and strengthen long-term well-being.

Read the article