Steps Toward Change: Replacing Trauma Bonds with Healing Relationships

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/steps-toward-change-replacing-trauma-bonds-with-healing-relationships/

Summary: This one-hour training will allow participants to better understand the links between childhood trauma and neglect, the child welfare system, and sexual exploitation.

Application: Participants can use the questions below to guide discussion about the video:

- What makes children involved in child welfare more vulnerable?
- How will poor attachment increase risk and the trauma bond between the child and their perpetrator?
- As caregivers, how can we help children heal from the trauma of trafficking?

Source: National Foster Parent Association

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