Psychologists work to support children and parents in the child welfare system, but more is needed

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This article reviews the key role that mental health providers can play in helping children heal. Helping children repair attachment and relationships should be at the center of every intervention. The need to heal attachment and relationships leads many service providers to deliver therapies that treat both foster children and parents, biological or otherwise. Adoption competent therapy does just this. This article reviews other successful programs and strategies.

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