Protecting Youth Mental Health: The U.S. Surgeon General’s Advisory

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/protecting-youth-mental-health-the-u-s-surgeon-generals-advisory/

Summary: A guide examining the state of children’s mental health both prior to and after the COVID-19 pandemic. This toolkit examines the specific aspects of the pandemic that have caused children’s mental health to become a nationwide emergency, and how adults can best support kids who are struggling.

Application: The guide can be applied widely and breaks down steps specific populations can take including instructions for caregivers, educators, organizations, health care professionals, members of the media, and more.

Source: U.S. Department of Health and Human Services

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