Introduction to Complex Trauma

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/introduction-to-complex-trauma/

In Part 1 of this 3-part series, we'll discuss what Complex Trauma is, with the ultimate goal of learning tips, tricks and strategies that can help Foster, Adoptive and Kinship parents to discover the best treatment approach.

Introduction to Complex Trauma Part 1 (.75 Hour) - National Foster Parent Association Training Institute (nfpati.org)

In Part 2 of this 3-part series, we'll dive into the topic of Historical/Intergenerational Trauma, with the ultimate goal of learning tips, tricks and strategies that can help Foster, Adoptive and Kinship parents identify treatment options.

https://nfpati.org/lessons/historical-intergenerational-trauma/

In Part 3 of this 3-part series, we'll review our sessions on Complex and Historical Trauma, and discuss Treatment Options.

Complex Trauma Treatment Options Part 3 (40 Minutes) - National Foster Parent Association Training Institute (nfpati.org)