Helping Children Form Attachments

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/helping-children-form-attachments/

Summary: This guide provides tips for caregivers on how to form bonds with adopted children, with a focus on parental attachment. The guide contains advice from real parents and professionals and covers important topics such as establishing routines, encouraging physical contact, and making children feel involved and loved.

Application: This guide may be used by the parents/caregivers of an adopted child or professionals who are supporting either a parent of an adopted child or the adopted child themself. The guide is built around establishing trust and considers the unique aspects of children who have gone through the child welfare system.

Source: AdoptUSKids

Read More