Getting on the Right PATH: Promoting Attachment and Trauma Healing

Adoption Competent Mental Health · https://bridges4mentalhealth.org/hub/adoption-competence/getting-on-the-right-path-promoting-attachment-and-trauma-healing/

Summary: This webinar provides an overview of PATH (Promoting Attachment and Trauma Healing), which is a comprehensive educational framework designed to assist caregivers in nurturing children with known trauma effects and/or attachment difficulties. PATH helps parents better understand their children, develop new parenting skills, and bolster emotional resilience among parents/caregivers as they cultivate healthy attachments and guide their children towards self-regulation.

Application: Professionals can support parents in their ongoing learning by sharing this video. This webinar provides an opportunity for parents to learn from the presenters who illustrate the principles with real-life examples from their own families or from the experiences of children and families involved in attachment, while also integrating insights from the science of brain development and trauma-informed strategies.

Source: Child Welfare Information Gateway

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