“Everything started when…”: Illuminating Rupture as a Sensemaking Catalyst in Formerly Fostered, Emerging Adults’ Narratives

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This resource closely examines the experiences of those who have been in the foster care system in the form of life story interviews. The goal is to identify patterns and themes across these experiences and understand how uncertainty impacts the development of these children. The goal of this is ultimately to better inform care. The perspectives contained in the resource are specific to those with lived experience but can be applied to those working in the foster care system or those researching the impacts of the foster care system.

This research showed four common rupture types:

- rupture in the family of origin
- rupture through relational separation
- rupture in “The System,”
- rupture created by stigma

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