What Makes a Good Mental Health Assessment?

Access to Mental Health Services · https://bridges4mentalhealth.org/hub/access-to-mental-health-services/what-makes-a-good-mental-health-assessment/

This resource explains that mental health needs assessments (MHNAs) are essential for understanding the full range of community mental health needs so that services can be planned, commissioned, and delivered more effectively, particularly as rates of mental distress continue to rise. It highlights best practices and lessons from communities across England, outlining the key factors that help create impactful needs assessments that guide data-driven, community-responsive decision-making.

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