The State of Mental Health in America

Access to Mental Health Services · https://bridges4mentalhealth.org/hub/access-to-mental-health-services/the-state-of-mental-health-in-america-2-2/

This report is created to provide a snapshot of mental health status among youth and adults for policy and program planning, analysis, and evaluation, to track changes in the prevalence of mental health issues and access to mental health care; and to increase dialogue with and improve outcomes for individuals and families with mental health needs.

Data compiled in this report:

- How many adults and youth have mental health issues?
- How many adults and youth have substance use issues?
- How many adults and youth have access to insurance?
- How many adults and youth have access to adequate insurance?
- How many adults and youth have access to mental health care?
- Which states have higher barriers to accessing mental health care?

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