Over one-third of Americans live in areas lacking mental health professionals

Access to Mental Health Services · https://bridges4mentalhealth.org/hub/access-to-mental-health-services/over-one-third-of-americans-live-in-areas-lacking-mental-health-professionals/

Reviews mental health shortage areas, which are geographic areas, population groups, or health care facilities designated as having a shortage of health providers. Areas are designated as having a shortage if they meet certain criteria: the ratio of mental health providers (e.g., psychiatrists, clinical social workers, therapists, etc.), the poverty rate, the proportion of the area that is either young or elderly, the prevalence of alcohol and substance abuse, and travel time to a facility.

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