Foster Youth and Alumni Priorities on Mental Health

Access to Mental Health Services · https://bridges4mentalhealth.org/hub/access-to-mental-health-services/foster-youth-and-alumni-priorities-on-mental-health/

The National Foster Care Youth and Alumni Policy Council recognize the importance of access to mental health services and makes recommendations as to how to improve the services offered.

- Youth must be educated and informed
- Curb over-reliance on medication
- Make sure youth have access to and can retain community, family, and cultural connections.

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