Care for the Caregiver: Why Maternal Mental Health Matters for Children and Families

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This resource explains that maternal mental health is common, treatable, and deeply connected to children’s well-being and family stability, particularly when child welfare is involved. It advocates for coordinated, family-centered, adoption competent care that recognizes trauma, separation, grief, attachment, and caregiving changes, helping families receive support before challenges escalate into crisis.

Read the report