Advancing Access to Mental Health Services through Single Session Interventions (Overview Sessions)

Access to Mental Health Services · https://bridges4mentalhealth.org/hub/access-to-mental-health-services/advancing-access-to-mental-health-services-through-single-session-interventions-overview-sessions/

Single-session interventions (SSIs) are structured, evidence-based mental health approaches designed to deliver meaningful outcomes in a single visit, addressing the gap between typical treatment models and real-world service use. This training series equips behavioral health leaders with practical knowledge and strategies to implement and sustain SSIs effectively, improving access and outcomes in community and public-sector settings.

Watch the webinar