A Family-Based Mental Health Navigator Intervention for Youth in the Child Welfare System: Protocol for a Randomized Controlled Trial

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This article introduces a research project that will develop and test a mental health navigator model to address the unique and complex mental health needs of CWI youth and their families. Findings should be published in March 2025.

- Navigator models:
  - Support access to, and transition through, complex health care systems
  - Provide a promising approach to increasing linkage to, and engagement in, mental health services for CWI youth with high rates of unaddressed mental health concerns

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